

From the desk of Council Chair Cathy

Multiple District C Newsletter

Volume 1: Issue 4

May 2022



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Message from Council Chairperson Cathy Anderson:

To all the Lions within Multiple District C; you have all made this a most memorable year. I'll never forget the experiences I have had this past year as your Council Chair, and I am especially grateful to have met so many Lions who make a difference to so many.

To all the Friends I have made along this journey – you will be forever in my heart. As much as I'm sad to say goodbye, I'm excited to be able to spend more time with my family.

This is not a goodbye. It's a see you later.

WE SERVE

Attend Lions Events and never leave Canada this year

We are in a great position to be able to attend 2 significant Lions events without leaving Canada check out the following links for further information

Lions Clubs International Convention <https://www.lionsclubs.org/lcicon>

USA/Canada Forum in Calgary, AB <https://www.mdclions.org/usa-canada-forum>

Thank You to The Following Lions and Lions Clubs who were involved in Organizing and putting on the Multiple District C Convention.

Convention Chair:

- Suzanne Leshchyshyn (C-1) Blindman Valley LC

Host Clubs:

- Red Deer Central Lions Club (C-1)
- Calgary Eastport Lions Club (C-2)

Host Couple:

- Dennis Stevenson (C2) Calgary North Hill LC and
- Vi Gibb (C1) Camrose swans and Roses LC

Interpreters:

- Emiliano C Mazzetto (C1) Edmonton Host LC
- Renata Mauchline – Nanton (son Lucas is a member of the Lil Legendary Leo Club) C2

Award Recipients at MD C Convention

The following award winners are recipients honored at the MDC 2022 Convention in Red Deer Alberta for 2021 – 2022 Lions Year.

International President's Certificate of Appreciation Award

In recognition of Distinguished Achievements in fulfilling the Mission of Lions Clubs International.

- Dennis Stevenson (C2) - Calgary North Hill LC
- Don Vincent (C2) – Picture Butte and District LC
- Brian Barnes (C1) - Thorhild LC
- Barb Riley (C1) - St. Albert Host LC
- Cathy Anderson (C2) - Lethbridge West Lethbridge LC
- Jack Busst (C2) - Calgary Southridge LC
- Michael Clulow (C1) - St. Albert Host LC
- Phil Dube (C1) - Athabasca LC
- Alicia Kiri Beer (C2) - Foothills LC

Leo of the Year

This award is given to a Leo, who has demonstrated outstanding leadership skills, held Leo office positions, implemented successful service projects, they have contributed to the development and growth of the Leo club by recruiting Leo members and achieved distinction in the community or school activities outside of their Leo commitments.

- Ryan Johannes Samshuijzen (C2) - Lil Legendary Leo Club

International President's Leadership Award

This award is the third highest honor in Lionism and is given to those Lions who have demonstrated significant Leadership contribution.

- Tyler Bray (C2) Foothills LC
- Eric Buttle (C2) Calgary Properties LC
- Greg Holmes (C1) Edmonton Host LC

International Presidential Award

This award is the second highest honor in Lionism and is awarded by the International President to Lions who have shown a significant level of commitment to the principles of Lions and outstanding contributions in the world of service beyond the club and district levels. It is given at the discretion of the current President of Lions Clubs International.

- Dan Claypool (C1) - Devon LC
- Dave Leshchyshyn (C1) - Blindman Valley LC
- Darryl Rawleigh (C2) - Calgary Eastport LC

MDC Senior **Leadership Award** is presented to a Past District Governor who has remained active within their Club, District and/or Multiple District C for a minimum of ten years after they joined a Club in Multiple District C following their term as District Governor.

- PDG Donna Wozney (C1) Fort Saskatchewan LC
- PDG Dr. Rose Geonzon (C1) Calgary Filipino LC
- PCC Sharon West (C2) Lethbridge West Lethbridge LC

MDC Master **Leadership Award** is presented to a Past District Governor who has remained active within their Club, District and/or Multiple District C for a minimum of twenty-five years after they joined a Club in Multiple District C, following their term as District Governor.

- PCC Ben Pond (C2) Foothills LC
- PDG Jim Taylor (C1) Camrose Swans and Roses LC

Hall of Fame Inductees:

Dorothy Harris (C1) presented posthumously - Charter member of the Millwoods Breakfast LC

Mary Katherine Digweed (C 2) presented posthumously- Airdrie LC

Murray Phillipps (C2) Highwood LC

MD C GST REPORT FOR MAY 2022

May.....it's already May! Hard to believe there's less than 60 days left in this Lionistic year! Make the most of it and find every opportunity you can to Serve your community.

A little later than usual getting this newsletter out to you. I wanted to wait until after the Multiple District Convention was over to see what information I could gather from the weekend. Firstly, I must commend Council Chair, Cathy Anderson, Convention Chair, DGE Suzanne Leshchyshyn, the Red Deer Central Lions Club and Calgary Eastport Lions Club and all their members and volunteers, who put on an excellent convention in Red Deer. Evidence of what TEAMWORK can accomplish!

New ideas for Service were everywhere during the weekend, thanks to the many varied speakers and topics that were presented. The most impactful for me was Nikita Smith, a blind student who spoke on living with blindness, the trials, tribulations, frustrations, wants and desires to have vision. Yet delivered a presentation highlighting her support, encouragement, determination, and the humorous side of being without vision, including always being able to party because nobody asks you to be the designated driver! I, being legally blind for the past 6 years, can surely relate to the daily humor and frustrations that Nikita feels. After her presentation, I have found my mentor to encourage me to fulfill my dreams, sighted or not. What is your club doing to help the visually impaired or blind in your community? Yes, thank you for collecting used eyeglasses, but have you asked your schools, seniors' facilities, libraries, nursing homes, etc., if there's a need for visual aid computer programs, large print books, visual aid equipment? Have you talked to your schools about vision screening? If you don't know enough about it, ASK! There are clubs that have been doing vision screening for years. If you want to find out more, email me and I'll pass on contact information. davensuzie@shaw.ca Where there's a need, there's a Lion. Ask and you'll know, don't and you'll never fill that need.

Two young ladies, Maddie Wright and Shannon Kjorlien, spoke of their experiences as youth exchange students. An experience they will never forget. To open the eyes of our youth to the world around them. Does that not sound like a worthy Service project for a Lions Club? Has your Club or District sponsored youth to be part of the youth exchange program? These young ladies will be eternally grateful to their Clubs for sending them on the exchange program, and will that not at the same time, elevate the awareness of their Clubs in the community? It sounded like Maddie and Shannon weren't particularly fond of the fish dishes they tried, but there wasn't a pastry that was safe while they were there! Get in touch with Lion Tony Prettegianni at tonyp@prettegi.com and he'll fill you in on youth camps and the youth exchange program.

Celeste Soete, with Special Olympics, had a very interesting presentation on the program and the athletes taking part. Celeste mentioned how rewarding it is working with the athletes, and their want to belong to something. Clubs in the U.S. and across Canada have been working with Special Olympics for years. You don't have to be a coach or have athletic experience to work with the program. Get in touch with the Special Olympics program nearest you and see where your Club could offer a hand. Trying something NEW never hurts.

Lions Foundation of Canada Dog Guides was the recipient of proceeds from the Silent Auction during convention. The funds will be put to good use as LFCDG begins the process of building a new training facility. More dogs trained will equal more matches down the road for deserving individuals with health or mobility challenges. Any donation your Club can make would be greatly appreciated. Or you can still organize a Walk for Dog Guides event in your community. Official walk day is May 29th so lots of time to get pledge forms out and raise a few dollars that will go to the seven specialty dog guide programs offered at LFCDG. Go to www.dogguides.com to find information on getting registered for the Walk.

Hands on Service projects were also a part of the convention. There was a Strides Awareness Walk for Diabetes both inside and outside the hotel. Canadian Vision Care was there reading used eyeglass prescriptions from donations to the Canadian Lions Eyeglass Recycling Centre. Even the Lil' Legendary Leos Club from Calgary were giving Lions a chance to Get Positively Stoned with the Leos. No, not that kind of stoned! Participants were encouraged to paint small stones that they could take home with them. Some Clubs have used the same project to adorn walking trails or paths through their community with these painted stones, many of which also include an inspiring message or a simple word like "Hope" or "Friendship", "Love", "Gratitude", etc. An "out of the box" activity your Club could do with the youth of your community. It was so inspiring to see these young men and women interact with the Lions throughout the weekend. I know a few Clubs will be taking a closer look at forming a Leos Club in their community. After all, they are our future!

Finally, 3rd International Vice President Fabricio Oliveira challenged Lions, and especially Lions leadership, to Serve our organization by recruiting more members and charter more Clubs in the coming months. Fabricio mentioned how he chartered nine new Clubs in his last 60 days when he was a District Governor in Brazil. In times where membership is dropping and Clubs are folding in some Districts, we all must work extra hard to build our organization. It was a pleasure meeting and talking with Fabricio and his wife, Lion Amariles, and I look forward to seeing them again at the International Convention in Montreal.

Now is the time when Lions must Serve Lions and Lions Clubs International, to remain the driving force behind Service to Others. Go out and change someone's life for the better, just because they encountered a Lion or a Leo.

Yours in Service

Lion Dave Leshchyshyn

1VDGE C-1

MD C Service Co-ordinator

MD C Council Meeting Reports – April 29, 2022

District C2 Governor

DG Michelle Harris

Since last meeting, I have had the chance to visit most of the clubs in my district. We have lost a few members, but we are trying to talk with clubs to get back into the swing of things to move forward with service projects, as well as, adding new members. The team has worked very well this year, as well as the whole cabinet. The need for change is more than ever what this organization needs. We need to start at the grass roots and move up. That is what myself and my team have been pushing.

This has been a very good year, and I can't believe it is just about over. It has been a busy few months.

I have attended FDI, to help train more leaders in this district and hopefully in the multiple.

Service Co-ordinator Report

Lion Dave Leshchyshyn

Spring is finally here, I think. Things will start to warm up, I pray. Our Lions Clubs will find more and more ways to serve, I know! It's great to see the many Clubs in the Multiple District starting to promote their upcoming activities for the spring and summer. From spring rodeos, summer dances, upcoming parades, our members are continuing to find ways to Serve. I especially must compliment the many clubs that came to the rescue of a fellow Lions Club with financial aid in their time of need. The Vimy Lions in District C1 were struggling to keep their hall open for the club and community because of rising utilities and other bills. A call was put out to fellow clubs asking for donations. A fundraising perogy supper was planned as well. In short order, many cheques were received from fellow Lions Clubs, the perogy supper was a

sell-out, and the Vimy Lions will be able to continue Serving the community from their Lions home. Truly, Service from the Heart.

It has been encouraging to read the district newsletters and see the Clubs sending in articles about their recent activities. Yet I'm amazed that some of those same Clubs, won't report those same activities on MyLion. Reporting on MyLion is getting a bit better, with 34% of the Clubs reporting in the MD, versus only 30% from February of this year. That is likely in part due to more Clubs returning to Service following the pandemic. After reading many posts on Facebook from the Global Lions Forum, reporting Service certainly isn't just a Multiple District C challenge.

I had the opportunity to present at the recent District C1 training school in St. Albert. With the aid of PDG Claude Carignan, we showed how to report an activity on MyLion, and how MyLion could be used to search out what other Clubs are reporting, to possibly use as idea starters for their Clubs. We also presented many ideas for Service around Lions 5 Pillars of Global Service, other Lions projects like LFCDG, CLERC, etc. With the help of DGE Suzanne Leshchyshyn, I also did a similar presentation at the District C2 training school in Strathmore, last weekend. Hopefully it will encourage the members present to bring ideas back to their Clubs and find new ways to Serve.

Cavalcade for Diabetes

PCC Dennis Stevenson

No report.

Historian Report

PDG Dan Claypool and PDG Eric Buttle

We have updated the Multiple District History, the Next 50 Years with the current election results from District C-1 and District C-2 Conventions. The next update will be done after the Montreal LCI Convention.

We will be giving PCC Dennis Stevenson at the MD-C Convention in Red Deer with the current memory stick, so he can update the website.

Leos

Lion Tim Beer

First a big thanks for the growing support from the Council for the Leo Program.

Over the last 2 years several Leo Clubs have been hit hard and have closed due to age restrictions and lack of membership numbers.

After the C 1 & C 2 Conventions there has been some growing interest from several clubs that are looking to start up Leo Clubs in the fall.

The enthusiasm of our own Club has helped this process along. Leo Lion Alicia Kiri, members from the Lil Legendary Leo Club and myself will start to visit Lions clubs to promote and explain the process. Leo visitations and Interclubs will be high on our list for 2022-2023.

The Leo/Leo-Lion program from Alberta has members on the LCI Leo Advisory Panel, USA/ Lion and Leo Leadership Forum Boards, C 2 Cabinet, and more positions are upcoming.

Funding is still something that must be worked on. The Leos are not asking for a free ride but with the rising costs, US \$ exchange rate and the lingering Covid numbers, it is a slow go. District C 2 has set up an account line for Leos if any donations come in.

Here are some of the upcoming events that the Leos hope to be involved with:

- MD C Red Deer Convention (several Leo Clubs should be attending)
- USA/Canada Leo Leadership Forum 2022, Visalia California (estimate C\$2000-\$2500 per attendee)
- USA/Canada Lions Leadership Forum 2022 Calgary (early bird registration per attendee US\$175)
- C1, C2 & MDC Conventions 2022-2023 Lions Year
- International Convention Boston 2023 to support Dr. Patti Hill (along with Lions I am sure she would like a few of her MD C Leos)

The USA/Canada Leo Leadership Forum is still being planned in Calgary 2023.

The future is looking positive.



LCIF/CAMPAIGN 100 Report

PCC Lion Sharon West

On January 13, 2022, it was our founder Melvin Jones 143rd birthday and we will be having a celebration for all new Melvin Jones Fellows and Progressive Melvin Jones Fellows in May 2022. We are asking the support from our District Governor teams to submit any new names that are part of this new elite group so that they could be recognized for this event. You may send the information to myself or let your District Coordinators know the name of the recipients and their club's name also.

On Sunday June 5, 2022, from 10 am - 2 pm CDT (Chicago) which is **9:00 am - 1:00 pm** our time we will once again be holding a Tell -A -Thon which proved to be very successful last year. Attached you will find information on this event hosted by our 1st International Vice President Brian Sheehan. I would encourage the governor teams to look at these attachments and ensure the information goes out to all your clubs.

In the month of March in Canada 400 cheques were mailed by Canadians to the Lions of Canada Fund for LCIF totally \$254,269.00. Of these donations 50 % were sent by individuals with over 90% of them going to Refugees and Displaced Persons (Ukraine). Thank you to all Lions Canada wide for your compassion.

We now have 15 Model Clubs representing our Multiple District.

Lion Club Participation from 7/1/2021 to 4/30/2022 of our current year:

<u>District</u>	<u>Number of Clubs</u>	<u>Clubs Donating</u>	<u>Percentage</u>	<u>Amount</u>
C 1	90	28	31.11	\$ 38,842.49
C 2	88	34	38.64	\$ 62,952.96
Totals	178	62	34.83	\$101,795.45

In our ongoing efforts to keep our Lion leaders apprised of the progress of ***Campaign 100: LCIF Empowering Service***, we offer the following update for funds raised globally.

Cumulative Funds Raised to Date (Cash Received): US\$243,588,096

Cumulative Pledge, Lions Legacy, and Model Club Balances: US\$36,238,816

Total Fundraising: US\$279,826,912

100% of funds raised benefit Lions Clubs International Foundation Campaign 100 & qualify for all LCIF recognitions

EN: lionsofcanadafundforlcif.ca/GiveToday

FR: lionsofcanadafundforlcif.ca/fr/GiveToday



World's Largest Celebration Of Service

Sunday, June 5th

10 am - 2 pm pm CDT (Chicago) / UTC-05

REGISTER NOW

party.tellathon.org



Join LCI VP Brian Sheehan for the World's Largest Celebration of Service

stories of service, music, entertainments & inspiration

SUNDAY, JUNE 5TH
10 am - 2 pm CDT (*Chicago*)

Invite your friends, family & community to enjoy the party...
music, entertainment & special surprise celebrity cameos
from award winning artists & actors, a legendary coach
& a Super Bowl MVP!

REGISTER NOW
party.tellathon.org

**Every \$\$\$ donated
will change lives!**



EN: lionsofcanadafundforlcif.ca/GiveToday
FR: lionsofcanadafundforlcif.ca/fr/GiveToday

or mail a check to:
Lions of Canada Fund for LCIF /Tell-A-Thon
Box 38 | Sunderland, Ontario LOC 1H0 Canada

100% of funds raised benefit Lions Clubs International Foundation Campaign 100



Dear Campaign 100 & LCIF Coordinators,

I am personally inviting you to join me in supporting the LCIF Campaign 100 Tell-A-Thon that is being held Sunday, June 5th from 10 am - 2 pm CDT (Chicago).

This event is being organized by Lions Virtual, in partnership with Lions Clubs International Foundation and Lion volunteers from across the globe. The Tell-A-Thon is designed to tell the Lions' story while raising funds for our Foundation. Along with sharing our story, the program includes music, entertainment and special surprise celebrity cameos from Grammy Award winning artists, Emmy Award winning actors and a Super Bowl MVP!

As we reach the end of Campaign 100, the Tell-A-Thon offers an opportunity for one final push to get every Lion to support the life-changing work that LCIF funds. To this end, I am asking you to do five things:

1. Register for the Tell-A-Thon @ party.tellathon.org
2. Encourage every Lion in your area to register for the Tell-A-Thon @ party.tellathon.org
3. Donate \$20 or more to LCIF through the Tell-A-Thon @
 - EN: lionsofcanadafundforlcif.ca/GiveToday
 - FR: lionsofcanadafundforlcif.ca/fr/GiveToday
4. Share the attached Tell-A-Thon article &/or ad with:
 - every Lion in your District
 - your District and Multiple District publications
5. Visit Lions Virtual on Facebook
 - share Tell-A-Thon posts across your personal, District & Multiple District social media accounts

Our Foundation is near and dear to all of us and this is the perfect opportunity for us to showcase all the amazing service projects that LCIF funds across that globe. Feel free to reach out to our Tell-A-Thon Executive Producers Jodi Burmester & Daniel Marney Elkins @ lionsvirtual@gmail.com if you have questions or need further information.

I will be emceeing this event and know it is one that you won't want to miss! Whether you drop in for a few minutes or watch the entire show, it will be time well-spent.

With deep appreciation,

Brian E. Sheehan, Lions Clubs International 1st Vice President



100% of funds raised benefits Lions Clubs International Foundation Campaign 100



Lions of Alberta Foundation

PCC Betty Ann Robson

No report.

Next meeting is in May.

LIONS QUEST

DGE Suzanne Leshchyshyn

C1 – Lions Quest Chair Carole Henson

Aspen View Public Schools: April 6th and 29th Workshop - six teachers from Smoky Lake HA Kostash Elementary School, and possibly 3 teachers at the K-3 school in Athabasca, have, or will be enrolled in the two April virtual classes with more to come.

Northern Lights School Division: A generous donation by the Grand Centre Lions Club covered the Virtual training cost of 4 teachers at the Cold Lake Middle School, and the Bonnyville Club funded 3 teachers at Bonnyville Elementary School. The Edmonton Host Lions Club has offered to fund six teachers.

Sister Alphonse Academy – St. Albert – 5 teachers trained, training funded by St Albert Host and St Albert Breakfast Lions Club.

LCI Grant Application: With the aim to train up to 50 teachers in Aspen View, C1 Lions Quest chair will be applying for another US\$15,000 LCI Grant.

C2 – Lions Quest Chair Lucy Johnson

Attended five zoom meetings with Lions Quest Executive Director and Lions Quest District Chairs: Oct 27, Nov 29, Jan 31, April 11, regarding the vision of Lions Quest in the fall and possible virtual training for school-based programs.

Participated in the training for the Children of St. Maratha's School on Nov 5, 2021. This school is in West Lethbridge and training consisted of 20 teachers/administrators.

24 teachers were Lions Quest trained from Sept-April 2022 in the school districts in C2. Ongoing communications with the Lundbreck High School showing interest in getting trained. Presented the Lions Quest Program to the Fort McLeod Lions, and the Cowley Lions Club. Lions Quest information and training dates continue to be sent the district secretary to distribute to the clubs in C2.

Lucy Johnson will be stepping down as the Lions Quest Chair for C2 as of June 30, 2022.

Lions Quest Donations 2021-2022
(As of March 31, 2022)

District	Clubs	Number of Clubs Donating	Total Donations	Percentage Participating	Multiple District Total Donations	2020-2021 District Totals
C1	90	1	\$ 520.00	0.9%		\$ 7,030.00
C2	87	4	\$ 7,420.00	5.0%	\$ 7,940.00	\$ 9,890.00

Long Range Planning

PCC Lynne Coulter

No Report.

Newsletter

PCC Dennis Stevenson

The MD C Newsletter will be published after the Final Council meeting on April 29, 2022

Political Advisor

PIP Judge Brian Stevenson

Nothing to Report, except that attendance at the International Convention in Montreal is expected to be around 15,000.



2022 USA/Canada Leadership Forum



IPCC Tyler Bray

The Executive committee for the USA/Canada Lions Leadership forum will be visiting Calgary May 05-08th, 2022. This is a much smaller group. They will be finalizing contracts on transportation and service providers at the BMO Centre.

We will have a team attending the LCI Convention in Montreal from June 24-28th, 2022. We have been given an exhibitors table and will be promoting Calgary 2022.

We have made presentations during District C1, District C2 Conventions and will be make a presentation during the MD Convention.

I have been involved with the Monthly Across Canada Conversations and have received several requests from Lions to be either facilitators or moderators during the USA/Canada Lions Leadership forum in September.

Our Host committee is now twenty-five members strong from both Districts and PIP Judge Brian Stevenson has been an extremely knowledgeable advisor for our Host Committee.

Our Host forum pin and fridge magnets are now available for purchase. Please visit our Host web page at www.2022lionsleadershipforum.com Volunteer registration is now on the web site as well.

This is an MDC event, and I would encourage Lions to be a part of our 2022 Leadership forum. We will be needing approximately 300-500 volunteers.

Website

PCC Dennis Stevenson

The MD C Website is up to date.

DISTRICT C-1 NEW MEMBERS SINCE FEBRUARY 2022

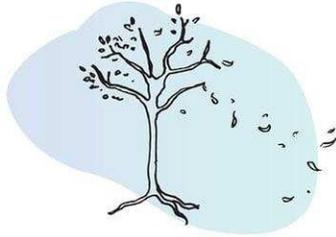
Alix LC	Wilbert Bevan	Edmonton Strathcona LC	Morine Bolding Rossi
Athabasca LC	Ron James Rawson		Jason Moors
Consort LC	Jay Simpson		Adam Kedmy
Edmonton Host LC	Surjot Singh		Melinda Noyes
Edmonton Korean LC	Byoungman Ahn		Carlos Pereira
	Jungsoon An		Laura Lee Peters
	Susan Chang		Dianne Skoetsch
	Kate Chung		Heather Perry
	Bungmun Hwang		Terrilyn Regnier
	Hwakyu Kim		Andrea Waite
	Jai Ung Lee	Edson LC	Randy K Marks
	Kwangja Lee	Ft McMurray LC	Cindy Richard
	Byung Soo Lim		Dan Richard
	Grace Sungeon Cho	Hughenden LC	Paul Allard
	Jeong-ok Cho		Paul Taylor
	Hyangmi Han	Millet & District LC	Patsy J Bennett
	Sean Hwang		Sarah M Bennett
	Youngkwui Kum		Ken Power
	Julie Lee Ms	Morinville LC	Daniel Lund-Rachinski
	Sungho Lee		Nicole Lussier
	Ok Ryun Paik		Dale Naly
	June Park		Veneta Williams
	Jayoung Seo		Marty Lussier
	Ki Wha Yang		Phillip Gerald Morrow
	Yong Soon Park		Jim Toth
	Bong Yong Sung	Rimbey LC	Leah G Bousfield
	Namku Yang	Smoky Lake LC	Irene E Van Der Kluet
Edmonton Northgate	Roxanne Carruthers	Thorsby & District LC	Austin Wastle
	John E Wilson		

DISTRICT C-2 NEW MEMBERS SINCE FEBRUARY 2022

Beisker LC	Tim W Hodges Treveor R Ostine
Calgary Filipino LC	Fernando Felicitas
Calgary South Asian	Marcia Brown Brian Morrissey Martha Sproul Ronnaley Cayenne Akinseinde A Osakuade
Calgary Westwind	Amy Tesfai
Champion LC	Kevin Pasolli
Claresholm LC	Paul D Martin
Cowley	Janice F Elliot Wayne G Elliot
Foothills LC	Janghoon An Geneve Maynard Jonathan Gordon Chelsea Vogel
Macgrath LC	Catherine Lulu Xia Cai
Okotoks LC	William Stell
Olds LC	Garry Ratke
Redcliff	Don Cottrell
Rosebud LC	Saul Castro Kim Talbot Hayley Rosenau Catrin Thomas
Vulcan	Keith Klotz

... and honor those who have left us

District C 2



District C 1

Bruderheim Lions

Lion Luther Burbank

Edmonton Chinese Lions

Lion Cecil Mah

Edmonton Korean Lions

Lion Song Sik Son

Lougheed & District Lions

Joe Cameron

George Gascoyne

John Grove

Stony Plain Lions

Lion Joann Babineau

Beiseker Lions

Lion Frank A Schwengler

Lion Luigi Fasoli

Lion Bob Kuechle

Calgary NE Eyeopener Lions

Lion Frederick (Fred) Moore

Stephen Cox

Vinay Day

Chestermere Lions

Lion Stephen King

Gleichen Lions

Lion Fiyaz Vira

Lethbridge Lions

Lion Joyce M Budau

Lethbridge West Lethbridge Lions

Lion Evelyn Metke

Oyen Lions

Lion Donald R Siferd

Habits We Need To Let Go Of

by Catherine Pulsifer, © 2021

Before we speak
We should always think

Before we judge others
We should realize there is more than we see

Before we think about us
We should think about helping others

Before we spread hearsay
We should remember how stories get twisted

Before we react in angry
We should take a deep breath

Before we indulge in self-pity
We should open our eyes and see others in worse situations

Before we criticize
We should think of how we could encourage

Before we focus on the negative
We should always look for the good.

Before we accept failure
We should always look at what we have learned

Before we think all hope is gone
We should pray and believe in the power of prayer.

By letting go of the before's
We will find the opening of new doors.

Habits can limit our life
To the point life is full of strife.

Letting go and changing our attitude
Will take us to a higher aptitude!